LIFE IN CHINA

Intercultural Dialogue Betters the World

Dialogue

By LONG Yun & BI Weizi

On November 28, 2023, Andrei Cheveley, former head of the Asia-Pacific Unit Sector for Priority Africa and External Relations at UNESCO, began a new chapter in his career with his appointment as a visiting professor at Jinan University in Guangzhou, China.

Chevelev's vision is clear: to uphold an open attitude and foster "solid, win- win, and efficient cooperation" with Jinan University. His words reflect the values that have been at the heart of his lengthy career, where "mutual benefits" and "cooperation" have been the guiding principles that have shaped his work across various countries and continents

Career milestones

Chevelev's career began 40 years ago when he graduated from the Moscow State Institute for International Relations. From there, he embarked on a path that would take him around the world and into the heart of international

"My career journey led me to the United Nations, where I spent 27 years within UNESCO, contributing to education, science, and culture," he said.

His involvement with UNESCO provided him the perfect platform to work closely with countries worldwide, but it was his connection with China that

"I'm very proud that I prepared the visit of President Xi Jinping to UNESCO Headquarters. It was a pivotal moment in starting cooperation between China and UNESCO," Chevelev said, recalling the event in 2014. This landmark visit resulted in several significant outcomes. Furthermore, Chevelev was involved in establishing the UNESCO Institute for

Expats Activity

The 2024 Duke International Fo-

rum brought together representatives

from the academia, scholars, policymak-

ers, entrepreneurs and investors to focus

on "Renovating Climate Policy and

Green Finance for Future Sustainability."

November 1, it was hosted by Duke Kun-

shan University (DKU), founded by

North Carolina-based Duke University

John Quelch stressed the forum's role in

knowledge exchange and innovation to

rated with its founders to launch projects

on renewable energy, climate finance,

and China's Wuhan University.

solve climate issues.

Held in Kunshan in east China on

DKU's executive vice chancellor Dr.

Quelch added that DKU has collabo-

By CHEN Chen



Andrei Chevelev. (COURTESY PHOTO)

International STEM Education (IISTEM) in Shanghai. "This is the first Category 1 Institute of UNESCO in China, and I'm very excited to see China promoting its influence on the international stage, especially in [the] sci-tech sector," he

Promoting intercultural coopera-

In recognition of his contributions to strengthening ties between China and the international community, Chevelev was awarded the prestigious Chinese Government Friendship Award in 2024. "I am so proud and I feel that my efforts were appreciated," he said.

Chevelev's career has been defined by his efforts to promote intercultural understanding, something he views as increasingly vital in today's complex geopolitical landscape. He pointed out that recent global events have created an environment where casual diplomacy is more difficult, but still, there are opportunities for meaningful dialogue. Referring to the "Pact for the Future,"

tegrated sustainability into its curricu-

lum and campus life, including launch-

ing a campus-wide course called "Let's

first in China to achieve LEED certifica-

tion, a standard for environmentally re-

lighted climate policy and green finance

as essential for balancing environmental

and economic priorities, and encour-

aged global collaboration to tackle the

complexities of sustainable develop-

ment. Liu said DKU's partnerships with

Duke and Wuhan universities are essen-

tial for interdisciplinary research to cre-

ate actionable solutions in green tech-

nology, policy development, and envi-

Duke University's vice provost for climate

and sustainability Dr. Toddi Steelman

Addressing the forum via video,

The university's campus was the

DKU chancellor Dr. Liu Yaolin high-

Talk About Climate Change."

sponsible building design.

ronmental education.

Duke Int'l Forum Focuses on Climate Policy, Green Finance

and environmental policy. It has also in- said both Duke and DKU "recognize

development."

adopted at the United Nations General Assembly in September, Chevelev stressed the importance of fostering international peace and security, as well as intercultural dialogue.

He sees China standing at the forefront of upholding world peace and global prosperity and was impressed by the speech made by President Xi Jinping at the reception to celebrate the 75th anniversary of the founding of the People's Republic of China. There, Xi stressed that humankind is living on the same Earth and people of all countries share a common destiny. "This is China's engagement in global relations, while promoting intercultural understanding and cooperation," Chevelev explained.

Patriotism and professionalism for young talent

As a visiting professor at Jinan University, Chevelev takes his role in mentoring the next generation seriously. When asked about his advice to young students aspiring to a career in promoting international cooperation, he empha-

that the intersection of innovative poli-

cy and strategic finance is critical for

unlocking the full potential of the en-

ergy transition and more sustainable

building cross-country ties: "We must

find ways to humanize the connections

that bind us together as people and as

will contribute to building even stronger

ties, inspiring new ideas, and fostering

the collaboration necessary to tackle

University, Kunshan city government,

and China's National Development and

Reform Commission echoed these senti-

ments and highlighted the importance

of collaborations and DKU's role as a

bridge between China and the world in

addressing shared climate challenges.

these great global challenges," she said.

part of the world community."

Steelman underscored the power of

"I firmly believe that today's event

Senior representatives from Wuhan

sized two key qualities: patriotism and professionalism.

"China is becoming a world leader, and young professionals must serve their country and ensure China's interests abroad. They should be patriots, but at the same time, they need to be real professionals," he advised.

He also applauded China's rapid economic, political, and cultural development. He noted that China has become a major player in global institutions like BRICS and the Shanghai Cooperation Organization, and he is glad to see that China's influence is growing.

"China is advancing the common values of humanity, advocating for an equal and multipolar world. With initiatives like the Belt and Road, China is leading the way in promoting international cooperation," he said.

China's role in global cultural ex-

Chevelev's admiration for Chinese culture runs deep, and he thinks China has been playing an important role in global cultural exchange. As he reflects on his work in China and his Chinese students, he praised the country's ability to preserve its rich cultural heritage while embracing modernization. "China has a 5,000-year-old civilization, and it is remarkable how it has safeguarded its cultural heritage while becoming a modern and strong country," he said.

As part of his role at Jinan University, Chevelev will continue to promote the importance of preserving both tangible and intangible cultural heritage. "Imagine your grandmother sings you a traditional song, but no one preserves it. That song could be lost forever," Chevelev said. He believes that cultural traditions, especially those passed down through generations, are vital to maintaining a country's identity.

This article was also contributed by Iinan University

The forum featured keynote speech-

es from experts across sectors and

roundtable discussions with industry

leaders in banking, finance, and law.

The participants exchanged insights on

pressing environmental issues, sustain-

able finance, and regulatory policies,

aiming to build a collective path forward.

SDG Challenge Project, an initiative to

help students develop skills for tackling

21st-century global challenges. They will

work with industry and academic men-

tors as well as peers from around the

world to create innovative solutions for

real-world issues associated with one or more of the 17 United Nations Sustain-

national Forum facilitates intellectual ex-

change and builds frameworks for col-

Established in 2015, the Duke Inter-

This article was contributed by DKU.

able Development Goals.

laboration and innovation.

DKU also launched the Future17

Traditional Eastern Wisdom

Joined Without a Single Nail, **Surviving Time and Turmoil**

By BI Weizi

Mortise and tenon is a type of joint in traditional Chinese woodworking. Widely used in wooden buildings and furniture, this unique construction method developed by China has had a profound impact on traditional wooden construction in East Asia.

The tenon is the protruding part, also known as the groove. The mortise is the concave part, or the tenon eye or tenon groove. The basic principle is to join two components, a mortise is cut in one and a tenon in the other, and then the tenon is inserted into the mortise, interlocking the two parts.

Archaeological discoveries have shown that mortise- and- tenon structures were used as early as 7,000 years ago, both in the wooden buildings preserved at the Hemudu site, a Neolithic cultural site in Zhejiang province in east China, and in wooden items such as utensil handles and small rods.

Hundreds of wooden components from the Hemudu site have different types of tenons. In the thousands of years that followed, mortise and tenon construction continued to improve, reaching its peak in ancient China. The Foguang Temple, a Buddhist shrine that is regarded as China's second oldest surviving wooden structure, built around 857 AD in the Tang Dynasty and now a UNESCO World Heritage, and the Yingxian Wooden Pagoda in Yingxian county, in Shanxi province, built in 1056 AD during the Liao Dynasty, are typical examples of mortise and tenon architecture.

The Yingxian Wooden Pagoda is the tallest surviving ancient wooden



The Yingxian Pagoda in Shanxi province.

structure in the world at 67.31 meters. The main body of the tower is made up of tens of thousands of wooden components and has been standing for more than 900 years despite many earthquakes, thanks in large part to the mortise and tenon construction.

Displacement, or leaving a slight gap, is the main advantage of mortise and tenon construction. The components are flexibly joined. There is a minute gap between the tenon and the mortise, leaving room for expansion and contraction of the wood during different weathers, thereby improving the building's ability to withstand earth-

The joining technique using mortise and tenon has deep cultural connotation besides efficiency as a cultural, scientific and innovative characteristic of one of China's traditional crafts.

Photo News

World Conference of Classics Explores Ancient Wisdom



The first World Conference of Classics was held in Beijing from November 6 to 8, 2024. The event was co-organized by the Chinese Academy of Social Sciences, the Ministry of Education of China, the Ministry of Culture and Tourism of China, the Ministry of Culture of Greece, and the Academy of Athens. Scholars from around the globe engaged in a cross-cultural exploration of ancient wisdom.

A foreign visitor converses with his Chinese counterpart during a relevant exhibition at the Chinese Archaeological Museum on November 6. (PHOTO: XINHUA)

Does Vegetarian Diet Result in Nutrient Deficiency?



By Staff Reporters

Vegetarian restaurants in China have become increasingly popular, with diverse business models emerging, such as vegetarian hotpot, vegetarian medicinal cuisine and vegetarian pastries. What exactly is vegetarianism and is it healthy to eat only vegetarian

A vegetarian diet primarily consists of refined white rice, coarse cereals, soybeans and vegetables. Chen Tong, a nutritionist at Beijing Anzhen Hospital, Capital Medical University, explained that vegetarianism can be categorized into veganism, ovo-vegetarianism, lacto-vegetarianism, and ovo-lacto vegetarianism.

Each type of vegetarianism has its unique characteristics. For instance, vegans avoid all animal-derived foods and consume only plant-based products like grains, vegetables, fruits, nuts and beans. Ovo-vegetarians, lacto-vegetarians, and ovo-lacto vegetarians exclude meat but include eggs, dairy or

"If the diet is properly balanced, vegetarianism can satisfy most of the energy needs for human activities," said Chen. Carbohydrates, fats, and proteins are the three major nutrients that provide energy to the body, and all of them can be obtained from a vegetari-

Recently, researchers from Stanford University published a paper in the journal BMC Medicine, stating that a vegan diet for just two months may lead to a reduction in biological age, including improvements in the heart, liver, and metabolic system, as well as weight loss. This suggests that shortterm veganism can contribute to antiaging. However, the researchers emphasized that long-term veganism may result in a lack of essential nutrients in the body.

Previous studies have shown that long-term vegetarianism can cause imbalances in vital vitamins and certain nutrients, such as n-3 polyunsaturated fatty acids, iron, zinc, vitamin B2 and B12, which are primarily sourced from meat. These nutrients, though not energy- producing, play crucial roles in maintaining human health.

Sustainable Agriculture Across the Pacific Blossoms

From page 1

After sailing for more than onemonth from the Brazilian port of Barcarena, the cargo ship loaded with "zero deforestation" Brazilian soybeans imported by COFCO arrived at the Chinese port of Tianjin in October. The export of Brazil's "zero deforestation" soybeans to China is a prime example of the practice

of strengthening cooperation in sustainable agriculture to a global market.

The sustainable consumption and high- quality development of the food and agriculture industry is the trend of the times, and this "zero deforestation" Brazilian soybean order will further stimulate the demand for sustainable products in the Chinese market, Hurd said.